



Lakeland Mycology Club LMC

a NAMA affiliated Society

Samuel S. Ristich to Address LMC Nov. 22, 1974

Samuel S. Ristich, lecturer and instructor on fungi at the New York Botanical Garden will present a color slide show and lecture on The Romance of Fungi which will be hosted by LMC at the Morris County Outdoor Education Center's Auditorium in Chatham, N.J. on Friday evening, November 22, at 8:00 PM; that's a week before the Thanksgiving Day weekend.

Dr. Ristich's talk should prove interesting and stimulating to the mycophile and novice and the lecture will be open to the general public. There will be a nominal charge to help defray expenses. The general admission will be \$1.25. The admission for members, senior citizens and students will be \$0.50.

We are asking all of our members to support this activity by attending and by encouraging others to attend. Please notify other clubs to which you may belong and which may be interested in this program.

Refreshments will be served at the conclusion of the talk.

LMC Picnic "Honey Mushroom Fall Festival"

Over fifty members and friends attended our annual picnic, which was one of the best we ever held. Ursula Robichaud is to be thanked for her efforts in coordinating this event.

Also to be thanked are all those who brought a covered dish. Each was a delight to sample; and everywhere compliments were heard on the fine food.

An innovation was the display table, which held the results of mushroom hunts and over which many a lively discussion on mushrooms was held.

NAMA 1974 Forays

Our club was well represented at this Foray which set a new North American record. The last count we heard, which was still proceeding, was over 430 different species found and identified.

Irene Tyler, our club secretary, won a trophy for finding the rarest mushroom during the scavenger hunt which was the concluding event. The mushroom she found was the Amanita peckiana.

Greta Turchick, our club treasurer and NAMA trustee, became a member of NAMA's Mycophagy Committee.

New Member

We wish to welcome Stanley Von Hagen of Madison, N.J. Mr. Von Hagen is a teacher of Pharmacology at the New Jersey Medical School.

Wedding Announcement

Jean Tippy, one of LMC's founding members, and Mike Michaelis have announced their marriage. They have been excused for not attending our August 25th Foray as that is the day they were married, but how often can they use that excuse?

Congratulations with best wishes for health and happiness from all of us.

Circulating Color Slides

The LMC Circulating Color Slide program is off and running. Members who have contributed slides to this project are E. Bosman, V. Gambino, N. Macdonald, S. Tyler, John and Candace Wiser.

The slides are being mailed from home to home to those members who have expressed an interest by sending a post card to Candace, following our announcement in the July LMC Newsletter.

Any member who wishes to view this beautiful collection may get on the mailing list by sending a post card to:

Candace Wiser


Comments on Books by Candace Wiser

Lovers of books on mushrooms will be pleased to see the new Mushrooms Pocket Field Guide by Howard E. Bigelow (Macmillan, \$3.50). This is a little book covering only 64 species (35 of these are gill fungi) but it is attractive, the illustrations are excellent (color photographs) and the text is beside each illustration. This last is a luxury not practical for the compilers of larger volumes.

While it is in no way a definitive reference book, its size, convenient arrangement and ready availability make it a handy addition to the mushroom library.

NAMA 1975 Foray

NAMA's 1975 Eastern Foray will be held the weekend of August 29, 30 and 31st. Dr. Howard Bigelow whose book on mushrooms is reviewed above will lead the foray, which will be held at Dartmouth College at Hanover.

Our mushroom this month is perhaps the most commonly eaten wild mushroom. It usually grows in numerous large clusters. It rarely grows in solitary specimens but when it does it is usually large with a bulbous base. It has a characteristic appearance which when seen is easily remembered and sets this fungus apart, but which unfortunately is very difficult to describe. Perhaps it has been best stated as having a coarse appearance. Colors will not help in identifying the Honey Mushroom, for they are unreliable. In some clusters the caps are honey colored, giving this fungus its common name. In other clusters the caps can be almost yellow, in others dark honey colored and in others dull brown to blackish.

Edibility

During our club picnic, I became involved in several discussions regarding the need to parboil this mushroom before eating. I rechecked my sources and found the same disagreement among mycologists with L.C.C. Kreiger, and Lucius Von Frieden insisting that they be boiled, and A. H. Smith and V. O. Graham saying there was no need.

Perhaps it was the age of some specimens these authors encountered which influenced them, but to remain on the safe side, I'll still continue to parboil my Honey Mushrooms for 10 minutes and discard the water.

In the following recipe we recommend that thinly sliced parboiled Honey Mushrooms be substituted for fresh commercial mushrooms.



MUSHROOM AVOCADO SALAD

Three fully ripened avocados, chilled
Four cups thinly sliced fresh mushrooms (close to one pound)
One-half cup salad oil
One-half cup vinegar
One-fourth cup thinly sliced scallion
Two tablespoons finely chopped parsley
Salt and pepper to taste

Salad greens or watercress
(cherry tomatoes and olives)
Servings: Four

Split ripest avocado, peel and mash well with fork. Rinse, dry, trim and slice mushrooms to measure 4 cups in a loose pack. Add mashed avocado, oil, vinegar, scallion and parsley, mix well, check taste and season as desired.

Split and peel avocados. Arrange halves on bed of greens on individual serving plates; fill with mushroom mixture and garnish with cherry tomatoes and olives.

THE HONEY MUSHROOM
ARMILLARIELLA MELLEA